

ALLIED

ALLIED ANNOUNCES JANUARY 2020 DISTRIBUTION

Toronto, JANUARY 15, 2020 - Allied Properties REIT ("Allied") (TSX:AP.UN) announced today that the Trustees of Allied have declared a distribution of \$0.1375 per unit for the month of January 2020, representing \$1.65 per unit on an annualized basis. The distribution will be payable on February 18, 2020, to unitholders of record as at January 31, 2020.

Allied is a leading owner, manager and developer of (i) distinctive urban workspace in Canada's major cities and (ii) network-dense urban data centres in Toronto that form Canada's hub for global connectivity. Allied's business is providing knowledge-based organizations with distinctive urban environments for creativity and connectivity.

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